



Realização:



MINISTÉRIO DA EDUCAÇÃO  
UNIVERSIDADE FEDERAL DO PIAUÍ – EDITAL 16/2017

# EXAME DE PROFICIÊNCIA DE LEITURA EM LÍNGUA ESTRANGEIRA

DATA: 22/10/2017

HORÁRIO: das 8 às 11 horas

## CADERNO DE PROVA

Idioma:

**INGLÊS**

Área de Pesquisa:

**(1) CIÊNCIAS BIOLÓGICAS, CIÊNCIAS  
AGRÁRIAS E CIÊNCIAS DA SAÚDE**

### LEIA ATENTAMENTE AS INSTRUÇÕES

- Esta prova é constituída de um texto técnico-científico em língua estrangeira, seguido de 5 (cinco) questões abertas relativas ao texto apresentado.
- É permitido o uso de dicionário impresso, sendo vedados trocas ou empréstimos de materiais durante a realização do Exame.
- As respostas deverão ser redigidas em português e transcritas para a **Folha de Respostas**, utilizando caneta esferográfica com **tinta preta** ou **azul, escrita grossa**.
- A Folha de Respostas** será o único documento válido para correção, não devendo, portanto, conter rasuras.
- Será eliminado o candidato que se identificar em outro espaço além daquele reservado na capa da **Folha de Respostas** e/ou redigir as respostas com lápis grafite (ou lapiseira).
- Nenhum candidato poderá entregar o Caderno de Prova e a Folha de Respostas antes de transcorridos 60 minutos do início do Exame.
- Em nenhuma hipótese haverá substituição da **Folha de Respostas**.
- Ao encerrar a prova, o candidato entregará, obrigatoriamente, ao fiscal da sala, o Caderno de Prova e a Folha de Respostas devidamente assinada no espaço reservado para esse fim.

## The emotional journey of gestational diabetes

Ciara Feighan, Hilary Devine, Usha Daniel, Mensud Hatunic, Mary Frances Higgins

Gestational diabetes is an increasingly common diagnosis during pregnancy, and has a substantial effect on maternal and fetal morbidity as well as implications for future health. It is an unwelcome and often unexpected complication at an otherwise joyful time.

We wished to study women's attitudes towards a diagnosis of gestational diabetes. During a 6-week period (May–June, 2016), women with a diagnosis of gestational diabetes attending the National Maternity Hospital, Dublin, Ireland, were invited to participate. Women were invited if they were within one of three different timeframes: within 1 week of diagnosis, several weeks after diagnosis, or within 3 days after delivery. 95 women verbally consented to the study and were asked one question: "How do you feel about your diagnosis of gestational diabetes?" We transcribed their responses and did a thematic analysis of content. To visualise the results of our analysis, we developed an image using iStock, Wordle, and Tagxedo, which demonstrates the changing themes in the lived experience of a diagnosis of gestational diabetes (figure).

As suggested by the image, women's responses indicated that with time, support, and information, initial feelings of anxiety, annoyance, and guilt evolved into a view of gestational diabetes as a manageable complication. This image might indicate the important role of all support services — including multidisciplinary health-care teams, education, family, friends, and other women—in the care of women with gestational diabetes. Importantly, themes emerging from the image also suggest that at least some participants realised the implications of a diagnosis of gestational diabetes for their future health.

As clinicians caring for patients with gestational diabetes, we tend to focus on insulin requirements and estimation of fetal weight, and might not appreciate the emotional impact of a diagnosis of gestational diabetes and how it can affect the care of our patients. Having an insight into women's emotional reaction to a diagnosis of gestational diabetes can help all members of the clinical team to work with and care for women and their babies.

### Contributors

MFH, UD, and HD conceived of and designed this work. HD, UD, MH, and MFH were responsible for the care of the participants. CF surveyed the participants and transcribed their responses. All authors contributed to data analysis and interpretation. All authors contributed to the writing, revision, and approval of the report.

### Declaration of interests

We declare no competing interests.



Figure: Emotional response to gestational diabetes at different timepoints

Adaptado de: [www.thelancet.com/diabetes-endocrinology](http://www.thelancet.com/diabetes-endocrinology) Published online August 4, 2017 [http://dx.doi.org/10.1016/S2213-8587\(17\)30189-4](http://dx.doi.org/10.1016/S2213-8587(17)30189-4)

**EM HIPÓTESE ALGUMA, SERÁ CONSIDERADA A RESPOSTA NESTE CADERNO.**

Depois de ler o texto, responda as questões a seguir em português.

QUESTÃO 01 - De acordo com o texto, no que consiste o diabetes gestacional e quais seus possíveis efeitos, implicações e sujeitos afetados?

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QUESTÃO 02 - Com base no texto, quando (semestre par ou impar) e onde (continente e país) a pesquisa em questão foi realizada e quais os perfis das mulheres convidadas a participar do estudo?

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QUESTÃO 03 - Com base no texto, o que foi investigado pelos pesquisadores do estudo e o que eles buscavam entender? Quais os procedimentos de análise e interpretação dos dados por eles adotados?

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